



CROSS COUNTRY SCHEDULE

THURSDAY, OCTOBER 16TH, 2008

Teams arrive and meet host families.

10:00pm

CURFEW

FRIDAY, OCTOBER 17TH, 2008

8:00am Opening Ceremony at the FAT

Team pictures taken in uniform – After Opening Ceremony.

9:00am Coaches meeting – MS Conference Room

10:45am Buses depart for Polo Club

11:00am – 12:00nn Course tour/walk through at Manila Polo Club.

Friday pm: ISM athletics track available for a light training session if required.

10:00pm

CURFEW

SATURDAY, OCTOBER 18TH, 2008

6:15am Buses for XC coaches leaves from Dusit Hotel for ISM

6:45am Buses depart ISM for Polo Club

7:30am Coaches Meeting

8:00am Girls 3.2K race.

8:45am Boys 5.0K race.

9:30am Leave Manila Polo Club for ISM.

11:00am – 12:00nn Coaches Meeting – MS Conference Room

2:00 – 3:30pm IASAS Mixer Activity– All teams @ HS field.

5:30 – 7:00pm Dinner available in HS Cafeteria.

8:15pm – approx. Closing Ceremony in Fine Arts Theatre.

10:00pm

CURFEW

SUNDAY, OCTOBER 19TH, 2008

Teams depart.